



**Linda Reynolds C.N.A.,**  
Owner, Founder of  
Care from the Heart, Inc.

“In 1984, I was a young mother of two when I realized I needed more flexibility in my profession to meet the needs of my daughters. I knew I wanted to work

with older adults, so I started by providing housekeeping services for clients in the Sun City area. It soon became evident that the need for personal care was much greater than the need for housekeeping. Once I completed my C.N.A. Certification, I began escorting my clients to the doctor, assisting them with personal care, and acting as an advocate on their behalf.

“Soon, I found myself with more clients than time, and I knew it was time to recruit quality caregivers who shared my vision. I am very proud to say that the first caregiver I hired is still with us today. As word continued to spread, we began attracting the attention of healthcare professionals in the area. Wanting their clients to be treated with this same personal touch, they began referring clients to me, looking to me as a person they could count on day or night to assist their clients in need of personal care.

“Today, **Care from the Heart** is a thriving business that still builds its foundation on the same beliefs and ideals I began with over 30 years ago. The personal touch I provided for my first client is still evident today in the approach we take with each and every one of our clients. Anyone can provide care, but only the best provide **Care from the Heart.**”

# Care Heart Inc.

*Quality In-Home Care with a Personal Touch*

Linda Reynolds, CNA  
Owner/Founder  
info@carefromtheheartaz.com

Office: **623-875-4440**  
Monday - Friday, 9am - 5pm

Fax: **623-875-4443**

After Hours Service: **623-330-1131**

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Sun City, AZ 85351

www.carefromtheheartaz.com



#### MEMBERS OF

- American Business Women's Association
- Arizona Small Business Association
- Gals Prepared to Succeed
- Peoria Chamber of Commerce
- Rotary 100



This is a private pay only service.

2 Hour Minimum  
No Deposit,  
No Contracts

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## 2 HOUR MINIMUM

Sometimes you just need a little help, so why should you have to commit to a big block of time you don't need?

At **Care from the Heart**, shifts are available from **2 hours — 24 hours** to give you the flexibility you need.

Having a **2 hour minimum** allows you to custom fit the amount of care you get to match the care you need.

With **no contracts**, you can have a 2 hour shift as needed, or you can have **more than one shift per day**.

After **more than 30 years** providing in-home care, we know your needs can change frequently. That's why **Care from the Heart** gives you a wide range of options to choose from.



## CAREGIVER CERTIFICATION TRAINING

Having the best caregivers means having the best trained caregivers. **Care from the Heart** has taken the guesswork out of caregiver training by developing its own **Certified Caregiver Training Program**.

This program is developed under the guidelines of the **State of Arizona**, and is the most comprehensive program for training and certifying the effective caregivers. Training includes both classroom and hands on clinical care training to ensure graduates leave with comprehensive knowledge and superior clinical skills.

The program will also allow our existing staff to brush up on seldom used techniques and learn about new methods of care for clients suffering from conditions like Parkinson's Disease and Alzheimer's Disease.

Knowing our caregivers are receiving the best training possible ensures that our clients are receiving the best care possible.



- ♥ Personal Care Needs
- ♥ Meal Preparation
- ♥ Medication Reminders
- ♥ Light Housekeeping
- ♥ Laundry/Bedding
- ♥ Grocery Shopping
- ♥ Transportation Services
- ♥ Companion Service
- ♥ Individualized Care Plans
- ♥ 24 Hour Flat Rate Available
- ♥ No Deposit
- ♥ No Contract

**CALL NOW**  
**623-875-4440**

**AFTER HOURS**  
**623-330-1131**

Registered with PORA, SCHOA. AZ  
Licensed, Bonded & Insured

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